

Toward the unification of dilution effect theory for  
environmental and direct transmission pathogens  
OR  
How interspecific host competition and pathogen  
transmission mode influence dilution of disease

Michael H. Cortez\*  
Department of Biological Science  
Florida State University  
Tallahassee, FL 32306  
(850) 645-8692  
cortez@bio.fsu.edu

Meghan A. Duffy  
Department of Ecology and Evolutionary Biology  
University of Michigan  
Ann Arbor, MI 48109  
(734) 763-3658  
duffymeg@umich.edu

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\*Corresponding author

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**ABSTRACT:**

The dilution effect argues for a mechanistic link between increased host diversity and decreased disease in a focal host. However, we currently have a limited understanding of how the pathogen transmission mechanism and between-host interactions influence whether increased host diversity leads to increased (amplification) or decreased (dilution) disease prevalence. In this study, we use a two-host-one-pathogen model to show how dilution effect theory for pathogens with environmental transmission and density and frequency dependent direct transmission can be unified. We use that unified framework to identify how the pathogen transmission mechanism and characteristics of an introduced host (disease competence and interspecific and intraspecific competitive abilities) influence disease prevalence in a focal host and under what conditions amplification or dilution is promoted. Our approach shows that there are general rules governing how specific biological mechanisms shape biodiversity-disease patterns, but the rules have context dependencies.

# 1 Introduction

Most pathogens can infect multiple host species and most communities are made up of multiple host species (Cleaveland et al., 2001; Pedersen et al., 2005; Rigaud et al., 2010). Consequently, infection prevalence in a given host population can be influenced by the presence or absence of other host species, via the ways each host species interacts with the pathogen (e.g., the competence of the different host species) and the interspecific interactions between host species (e.g., resource competition and between species transmission). The dilution effect argues for a mechanistic link between increased host diversity and decreased disease (Keesing et al., 2006). However, when and whether increased host biodiversity reduces disease (dilution) or increases disease (amplification) in a focal host population has been vigorously debated in the literature (e.g., Lafferty and Wood 2013; Ostfeld and Keesing 2013; Wood and Lafferty 2013 and reviewed in Rohr et al. 2019). Empirical evidence is mixed: a recent meta-analysis found general empirical support for dilution (Civitello et al., 2015), but amplification also occurs (Wood et al., 2014; Venesky et al., 2014; Searle et al., 2016). This suggests that increased biodiversity likely has context-dependent effects (Salkeld et al., 2013), which has led to calls for theory that identifies which specific biological mechanisms promote amplification versus dilution (Buhnerkempe et al., 2015; Halsey, 2019; Rohr et al., 2019).

Current theory (Keesing et al., 2006, 2010) predicts that amplification versus dilution depends on how host species diversity affects host-pathogen encounter rates; transmission rates; host recovery rates; mortality rates of infected individuals; and susceptible host densities. In particular, many studies suggest that frequency dependent direct transmission promotes dilution whereas density dependent direct transmission and environmental transmission (e.g., spore-based transmission) promote amplification (Begon et al., 1992; Begon and Bowers, 1994; Dobson, 2004; Rudolf and Antonovics, 2005; Hatcher et al., 2006; Mihaljevic et al., 2014; Faust et al., 2017; Roberts and Heesterbeek, 2018). However, theoretical studies also show that the specific outcome depends on interspecific resource competition (Ogden and Tsao, 2009; Strauss et al., 2015; O'Regan et al., 2015; Searle et al., 2016) and the relative rates of within and between-species transmission (Rudolf and Antonovics, 2005; O'Regan et al., 2015; Roberts and Heesterbeek, 2018). Accounting for these factors can qualitatively alter predictions. For example, introduction of a high competence host can cause dilution (i.e., *lower* prevalence) in a focal host, even when the pathogen utilizes density dependent direct transmission (O'Regan et al., 2015; Roberts and Heesterbeek, 2018) or environmental transmission (Searle et al., 2016).

While this existing body of theory has provided some understanding about the drivers of amplification and dilution, it is limited in two key ways. First, current theory shows that the transmission mode and characteristics of the host species (e.g., competence and competitive ability) have context dependent effects on amplification and dilution. However, it is currently unclear what general rules govern these context dependencies and which biological mechanisms promote amplification versus dilution. Second, the theory for pathogens with different transmission modes has developed largely independently. This makes it difficult to fairly compare predictions across models and identify how the pathogen transmission mode influences patterns of amplification and dilution. Overall, there is a need for new theory that can unify the existing bodies of theory and provide general predictions about how specific mechanisms shape host biodiversity-disease relationships.

45 As a step towards addressing these limitations, we use a two-host-one-pathogen model  
 46 to explore and identify which particular biological mechanisms promote amplification versus  
 47 dilution. We first show how the theories for environmentally transmitted pathogens and  
 48 pathogens with density dependent or frequency dependent direct transmission can be unified  
 49 under a single framework. We use that framework to identify the conditions under which  
 50 specific transmission modes and characteristics of the introduced host (specifically, disease  
 51 competence and interspecific and intraspecific competitive abilities) promote higher versus  
 52 lower disease prevalence in a focal host. We then interpret the conditions in terms of factors  
 53 that promote amplification and dilution. Our approach and results point the way forward  
 54 for developing a unified theory for amplification and dilution of disease.

## 55 2 Models and Methods

### 56 2.1 Two-host-two-pathogen model with environmental transmis- 57 sion

58 We consider a system with two host species and an environmentally transmitted pathogen,  
 59 where new infections arise when susceptible hosts come in contact with infectious propagules  
 60 that were released by infected individuals. To simplify the model presentation and analysis,  
 61 we assume there is no recovery from infection, i.e., infection is always lethal in both hosts.  
 62 One empirical example is fungal infections of *Metschnikowia bicuspidata* in *Daphnia* (Searle  
 63 et al., 2016). We refer to host species 1 as the ‘focal host’ and host species 2 as the ‘introduced  
 64 host’.

65 The two-host-one-pathogen model describes the changes in the densities of susceptible  
 66 ( $S_i$ ) and infected ( $I_i$ ) hosts in each population ( $i = 1, 2$ ) and the density of infectious propa-  
 67 gules ( $P$ ) in the environment,

$$\begin{aligned}
 \frac{dS_i}{dt} &= \underbrace{\left[ f_i(S_1, S_2, I_1, I_2) \right]}_{\text{growth \& competition}} - \underbrace{\beta_i S_i P}_{\text{infection}} \\
 \frac{dI_i}{dt} &= \underbrace{\beta_i S_i P}_{\text{infection}} - \underbrace{m_i I_i}_{\text{mortality}} \\
 \frac{dP}{dt} &= \underbrace{\chi_1 I_1 + \chi_2 I_2}_{\text{propagule excretion}} - \underbrace{(u_{11} S_1 - u_{12} I_1 - u_{21} S_2 - u_{22} I_2) P}_{\text{propagule uptake}} - \underbrace{\mu P}_{\text{degradation}} .
 \end{aligned} \tag{1}$$

68 In the model, susceptible hosts increase due to reproduction at rate  $f_i(S_1, S_2, I_1, I_2)$ ; infection  
 69 occurs when susceptible hosts come in contact with infectious propagules at rate  $\beta_i P$ ; infected  
 70 hosts die at rate  $m_i$  and excrete infectious propagules into the environment at rate  $\chi_i$ ;  
 71 and infectious propagules are lost due to uptake by all hosts ( $u_{i1} S_i$  and  $u_{i2} I_i$  terms) and  
 72 degradation at rate  $\mu$ . The total population size for each host is  $N_i = S_i + I_i$ .

73 The reproduction rates ( $f_i$ ) account for intraspecific and interspecific host competition  
 74 and for reproductive output from infected individuals. We use the general functions in order

75 to develop general theory that applies to any choice of functional forms for the reproduction  
76 rates. However, when presenting specific numerical examples we use the Lotka-Volterra  
77 competition functions,  $f_i = r_i(S_i + c_i I_i)[1 - \alpha_{i1}(S_1 + e_{i1} I_1) - \alpha_{i2}(S_2 + e_{i2} I_2)]$  where  $r_i$  and  $c_i r_i$   
78 are the maximum exponential growth rates of susceptible and infected individuals of species  
79  $i$ ,  $\alpha_{ij}$  is the per capita competitive effect of host  $j$  on host  $i$ , and  $e_{ij}$  determines whether  
80 infected individuals of host  $j$  have weaker ( $e_{ij} < 1$ ), equal ( $e_{ij} = 1$ ), or stronger ( $e_{ij} > 1$ )  
81 competitive effects on host  $i$  than susceptible individuals of host  $j$ . In general, infected hosts  
82 are unlikely to be stronger competitors than susceptible hosts, however it could occur for  
83 pathogens that cause gigantism, provided infection does not alter feeding rates.

84 We assume model (1) has a stable endemic equilibrium,  $p^* = (S_1^*, S_2^*, I_1^*, I_2^*, P^*)$ , where  
85 both hosts coexist with the pathogen. We refer to  $p^*$  as the sympatric equilibrium. We also  
86 assume model (1) has a stable endemic equilibrium,  $\hat{p} = (\hat{S}_1, 0, \hat{I}_1, 0, \hat{P})$ , where only the focal  
87 host and pathogen coexist. We refer to  $\hat{p}$  as allopatric equilibrium.

## 88 2.2 High and low competence hosts, sinks, and sources

89 Throughout, we describe the host species as being higher or lower competence and being  
90 small or large sinks or sources for infectious propagules. Host competence is defined by  
91 the pathogen basic reproduction number in an allopatric host population of infinite size,  
92  $\beta_i \chi_i / m_i u_{i1}$ . Intuitively, higher competence hosts produce more new infections per infected  
93 individual because they have a combination of higher infection and infectious propagule  
94 release rates (larger  $\beta_i$  and  $\chi_i$ ), lower mortality rates (smaller  $m_i$ ), and lower uptake rates  
95 by susceptible hosts (smaller  $u_{i1}$ ).

96 Sink and source host are defined by the excretion ( $\chi_i$ ) and uptake ( $u_{i2}$ ) rates of infected  
97 hosts. Source hosts excrete infectious propagules at rates faster than they take them up  
98 whereas sink hosts excrete infectious propagules at rates slower than they take them up. A  
99 host species is a larger source or a smaller sink if it has higher infectious propagule release  
100 rates (larger  $\chi_i$ ) and lower uptake rates (smaller  $u_{i2}$ ).

101 Competence and sink/source are related, but not identical. For example, a high compe-  
102 tence host can be a large source if  $\beta_i$  and  $\chi_i$  are large and  $m_i$ ,  $u_{i1}$ , and  $u_{i2}$  are small. In  
103 contrast, a high competence host with large  $\beta_i$  and small  $m_i$  can be a large sink if  $\chi_i$  is small  
104 and  $u_{i2}$  is large.

## 105 2.3 Computing responses to characteristics of introduced host

106 Our metric of disease is the sympatric equilibrium disease prevalence of the focal host  
107 ( $I_1^*/N_1^*$ ). Our approach is to compute how the parameters defining the competence ( $\chi_2$ ,  
108  $\beta_2$ ,  $m_2$ , and  $u_{2j}$ ), the intraspecific competitive ability (e.g.,  $\alpha_{22}$  in a Lotka-Volterra model),  
109 and the interspecific competitive ability (e.g.,  $\alpha_{12}$  in a Lotka-Volterra model) of the intro-  
110 duced host influence the sympatric equilibrium prevalence of the focal host. Mathematically,  
111 this is done by computing how a small change in one parameter affects the sympatric equi-  
112 librium prevalence of the focal host. For example, the effect of the introduced host having  
113 a higher infection coefficient is computed using the derivative  $\partial(I_1^*/N_1^*)/\partial\beta_2$ ; positive and  
114 negative values mean increased infection coefficients lead to higher or lower prevalence in the

115 focal host, respectively. The derivatives are computed using the Jacobian-based theory de-  
116 veloped in (Bender et al., 1984; Yodzis, 1988; Novak et al., 2011; Cortez and Abrams, 2016);  
117 see appendix S1.2 for additional details. Due to their large size, all derivative equations are  
118 relegated to the appendices.

119 There are two key advantages to our approach. First, it allows us to identify which specific  
120 characteristics of the introduced host promote higher versus lower sympatric prevalence in the  
121 focal host and if there are interactions between the characteristics (e.g., the effect of increased  
122 competence in the introduced host may depend on its interspecific competitive ability).  
123 Second, determining the factors that promotes higher or lower sympatric prevalence allows  
124 us to make predictions about the factors that promote amplification (i.e., higher prevalence in  
125 sympatry than allopatry;  $I_1^*/N_1^* > \hat{I}_1/\hat{N}_1$ ) versus dilution (i.e., lower prevalence in sympatry  
126 than allopatry;  $I_1^*/N_1^* < \hat{I}_1/\hat{N}_1$ ), respectively.

## 127 **3 Results**

### 128 **3.1 Unifying environmental and direct transmission models**

129 We first extend prior work on single-host-single-pathogen models (Li et al., 2009; Eisenberg  
130 et al., 2013; Cortez and Weitz, 2013) by showing that environmental transmission, density  
131 dependent direct transmission, and frequency dependent direct transmission models with two  
132 host species can be unified under a single framework. We do this by identifying specific con-  
133 ditions under which our environmental transmission model reduces to a direct transmission  
134 model with density dependent or frequency dependent transmission.

135 In general, the environmental transmission model (1) reduces to a density dependent  
136 direct transmission model when the host excretion rates ( $\chi_i$ ) are large and the infectious  
137 propagule uptake ( $u_{ij}$ ) or degradation ( $\mu$ ) rates are large. If the loss of infectious propagules  
138 due to uptake by hosts is negligible compared to loss due to degradation ( $u_{ij} = 0$ ), then the  
139 environmental transmission model (1) reduces to a density dependent direct transmission  
140 model. Alternatively, if there is no degradation of infectious propagules ( $\mu = 0$ ), then the  
141 environmental transmission model (1) reduces to a frequency dependent direct transmission  
142 model.

143 The intuition is the following. Infectious propagules persist in the environment for short  
144 periods of time when the degradation or uptake rates are large. Consequently, susceptible  
145 hosts can only encounter infectious propagules immediately after the infectious propagules  
146 are excreted by an infectious host. This requires the susceptible hosts to be in close proximity  
147 to an infected individual, in effect implying infection only occurs when there are direct con-  
148 tacts between hosts. When loss of infectious propagules due to uptake by hosts is negligible  
149 ( $u_{ij} \approx 0$ ) compared to degradation, the rate of contact between susceptible hosts and infec-  
150 tious propagules is proportional to the density of infected hosts. In this case, the dynamics  
151 of the environmentally transmitted pathogen are essentially identical to those of a density  
152 dependent direct transmission pathogen. In contrast, when there is no degradation ( $\mu = 0$ ),  
153 the rate of contact between susceptible hosts and infectious propagules is proportional to  
154 the weighted frequency of susceptible hosts in the community, where the weights are the  
155 uptake rates of each host class. In this case, the dynamics of the environmentally transmit-

156 ted pathogen are essentially identical to those of a frequency dependent direct transmission  
 157 pathogen.

158 For the mathematical justification of the above, we assume the changes in infectious  
 159 propagule density are much faster than changes in the host densities. This requires that the  
 160 host excretion rates ( $\chi_i$ ) and infectious propagule degradation ( $\mu$ ) or uptake ( $u_{ij}$ ) rates are  
 161 large. Under these conditions, the infectious propagule densities reach a quasi-steady state  
 162 defined by  $dP/dt = 0$ . Solving for the quasi-steady density and substituting into the infected  
 163 host equation yields

$$\frac{dI}{dt} = \underbrace{(\beta_i \chi_1 I_1 + \beta_i \chi_2 I_2)}_{\text{infection}} \frac{S_i}{U + \mu} \underbrace{-m_i I_i}_{\text{mortality}}. \quad (2)$$

164 where  $U = u_{11}S_1 - u_{12}I_1 - u_{21}S_2 - u_{22}I_2$  is the total uptake of infectious propagules by all  
 165 host classes. When loss due to uptake is negligible relative to degradation ( $U + \mu \approx \mu$ ),  
 166 the infection rate simplifies to the infection rate for a density dependent direct transmission  
 167 model,  $\beta_i \chi_j I_j / \mu = \bar{\beta}_{ij} I_j S_i$ . When there is no degradation ( $\mu = 0$ ), the infection rate simpli-  
 168 fies to that of a frequency dependent direct transmission model with weighted frequencies,  
 169  $\beta_i \chi_j I_j S_i / U = \bar{\beta}_i I_j S_i / (u_{11}S_1 - u_{12}I_1 - u_{21}S_2 - u_{22}I_2)$ . While the assumption of fast infectious  
 170 propagule dynamics is necessary for the dynamics of the environmental and direct transmis-  
 171 sion models to be identical, our results about equilibrium disease prevalence apply for any  
 172 speed of the infectious propagule dynamics. This is because the equilibria of the environ-  
 173 mental transmission model are always identical to those of a density dependent or frequency  
 174 dependent direct transmission model when  $U = 0$  or  $\mu = 0$ , respectively.

175 Altogether, this shows that by studying a single environmental transmission model, we  
 176 can identify how the characteristics of the introduced host influence patterns of amplification  
 177 and dilution for both environmentally and directly transmitted pathogens. In addition, this  
 178 unified framework identifies how all three models sit in a two-dimensional space defined by the  
 179 total uptake ( $U$ ) and degradation ( $\mu$ ) rates of the infectious propagules, with environmental  
 180 transmission lying intermediate between density dependent and frequency dependent direct  
 181 transmission (see Figure 1A). In particular, the equilibrium densities of the environmental  
 182 transmission model are identical to those of a density dependent direct transmission model  
 183 when the uptake rates are negligible ( $U = 0$ ; red horizontal axis) and identical to those of  
 184 a frequency dependent direct transmission model when the degradation rate is zero ( $\mu = 0$ ;  
 185 blue vertical axis). When the uptake and degradation rates are both nonzero ( $\mu > 0, U > 0$ ),  
 186 the environmental transmission model behaves like a combination of the direct transmission  
 187 models, determined by the magnitudes of the uptake and degradation rates.

## 188 3.2 How transmission mode affects amplification and dilution

189 The previous section showed that environmental transmission sits intermediate between den-  
 190 sity dependent and frequency dependent direct transmission. Here, we use that to identify  
 191 how the pathogen transmission mode influences amplification and dilution by comparing  
 192 prevalence in the focal host across the three models.

193 Our approach involves using a change of parameters,  $f(q)$ , to convert the environmental  
 194 transmission model from a form that behaves like a density dependent transmission model

195 ( $U = 0$ ) to a form that behaves like a frequency dependent transmission model ( $\mu = 0$ ) (black  
196 line in Figure 1A). To make a fair comparison between models, our change of parameters  
197 satisfies two constraints. First, all parameters are kept constant except the uptake ( $u_{ij}$ ) and  
198 degradation ( $\mu$ ) rates, which must necessarily differ between the models. Second, our change  
199 of parameters holds constant the per capita total loss rate of infectious propagules at the  
200 allopatric equilibrium ( $\hat{U} + \mu = u_{11}\hat{S}_1 - u_{12}\hat{I}_1 - u_{21}\hat{S}_2 - u_{22}\hat{I}_2 + \mu$ ); see appendix S1.5.4 for  
201 details. This results in the allopatric equilibrium densities being the same across models and  
202 only the sympatric equilibrium densities changing as the environmental transmission model  
203 is converted between forms. Thus, by identifying how the sympatric equilibrium prevalence  
204 changes with the transformation, we can determine how the pathogen transmission mode  
205 affects disease prevalence in the focal host. We note that our results are nearly identical if  
206 we use a change of parameters that holds the sympatric equilibrium densities constant and  
207 causes the allopatric equilibrium densities to change; see appendix S1.5.3 for details.

208 As shown in appendix S1.5.4, lower focal host prevalence under frequency dependent  
209 direct transmission is promoted by (i) weaker interspecific host competition, (ii) weak in-  
210 traspecific competition in the introduced host, and (iii) lower competence in the introduced  
211 host. Conversely, lower focal host prevalence under density dependent direct transmission is  
212 promoted by (i) stronger interspecific host competition, (ii) stronger intraspecific competition  
213 in the introduced host, and (iii) higher competence in the introduced host.

214 For example, in the absence of interspecific competition (Figure 1B), focal host prevalence  
215 is typically lower under frequency dependent direct transmission than density dependent di-  
216 rect transmission, but the opposite can occur if the introduced host is a strong intraspecific  
217 competitor and a high competence host (purple curve). When interspecific host competition  
218 is stronger (Figure 1C), lower focal host prevalence under density dependent direct trans-  
219 mission is more common. Moreover, increased interspecific competition can reverse the rela-  
220 tionship between transmission mode and focal host prevalence. For example, in the absence  
221 of interspecific competition, focal host prevalence is lower when transmission is frequency  
222 dependent for introduced hosts in Figure 1B that are low competence, strong intraspecific  
223 competitors (vermilion "Low, Strong" curve) and high competence, weak intraspecific com-  
224 petitors (blue-green "High, Weak" curve). However, the pattern reverses when interspecific  
225 competition is sufficiently strong (vermilion and blue-green curves are decreasing in Figure  
226 1C). In our numerical simulations, transmission mode only had a modest effect on focal host  
227 prevalence in all cases where the introduced host was a high competence, weak intraspecific  
228 competitor and increased interspecific competition reversed the relationship between trans-  
229 mission mode and focal host prevalence (blue-green curves in Figure 1 have small slopes).

### 230 **3.3 How host competence and competitive ability affect amplifi-** 231 **cation and dilution**

232 We now explore how the competence and intraspecific and interspecific competitive abilities  
233 of the introduced host affect prevalence in the focal host. Details are provided in appendix  
234 S1.4.

235 **Competence of the introduced host:** Intuition suggests that a higher competence  
236 host will cause greater prevalence than a lower competence host. That is, we expect disease



237 prevalence to be higher if the introduced host has larger values of  $\beta_i\chi_i/m_iu_{1i}$ . This pattern  
238 holds under many conditions. For example, prevalence declines with increased host mortality  
239 in Figure 2A (red and cyan curves) and prevalence increases with increased infection coeffi-  
240 cients in Figure 2B (left side of red, magenta, and green curves). Intuitively, the mechanism  
241 is that higher competence hosts produce more infectious propagules per infectious propagule  
242 they are exposed to, which leads to more infections and higher prevalence in the focal host.

243 While our intuition is often correct, higher competence hosts can cause the focal host  
244 prevalence to decrease in two instances. First, focal host prevalence can increase with higher  
245 introduced host mortality rates ( $m_2$ ) (blue curve in 2A) if the introduced host is a large sink  
246 (i.e., the introduced host has very low excretion or very high uptake rates). Second, focal  
247 host prevalence can decrease with higher infection coefficients ( $\beta_2$ ) if the introduced host is  
248 a large sink (left side of cyan and blue curves in Figure 2B). The underlying mechanism is  
249 that increasing the infection rate or decreasing the mortality rate of the sink host increases  
250 the number of infected hosts in the sink population. This results in greater rates of uptake  
251 of infectious propagules, which leads to decreased infectious propagule density and fewer  
252 infections in the focal host.

253 **Intraspecific competitive ability of the introduced host:** Stronger intraspecific  
254 competition in the introduced host leads to increased focal host prevalence, unless the in-  
255 troduced host is a sufficiently large source (i.e., the introduced host has very high excretion  
256 or very low uptake rates). In addition, the threshold for being a sufficiently large source  
257 increases with increased interspecific competition between the hosts. For example, in the  
258 absence of interspecific competition (Figure 3A), stronger intraspecific competition leads to  
259 greater focal host prevalence when the introduced hosts are sinks (blue curve) and lower  
260 prevalence when the introduced hosts are sources (cyan and red curves). However, when in-  
261 terspecific competition is higher (Figure 3B), stronger intraspecific competition causes lower  
262 prevalence only if the introduced host is a sufficiently strong sources (cyan curve switches  
263 from decreasing in Figure 3A to increasing in Figure 3B).

264 The mechanism is the following. In the absence of interspecific competition, increased  
265 intraspecific competitive ability causes the density of the introduced host to decrease. A  
266 decrease in the density of a sink host results in more infectious propagules and consequently  
267 greater prevalence in the focal host. In contrast, a decrease in the density of a source host  
268 results in fewer infectious propagules and consequently lower prevalence in the focal host. In  
269 the presence of interspecific competition, the decrease in density of the introduced host also  
270 reduces competition with the focal host. This causes an increase in the number of susceptible  
271 hosts in the focal population, which leads to more infections and greater prevalence in the  
272 focal host. Because of this positive effect on focal host prevalence, the introduced host  
273 must be a very large source of infectious propagules in order for increases in its intraspecific  
274 competitive ability to have an overall negative effect on prevalence in the focal host.

275 **Interspecific competitive ability of the introduced host:** Stronger interspecific  
276 competitive ability of the introduced host causes a decrease in focal host prevalence, unless  
277 the introduced host is a large source. In particular, when the introduced host is an equal or  
278 smaller source than the focal host, stronger interspecific competition leads to decreased focal  
279 host prevalence (blue and cyan curves in Figure 3C). In contrast, when the introduced host  
280 is a sufficiently larger source than the focal host, stronger interspecific competition leads to  
281 greater prevalence (magenta and red curves in Figure 3C).

282 The mechanism is that increased interspecific competitive ability of the introduced host  
283 has two effects. First, increased interspecific competitive ability decreases susceptible focal  
284 host density, which in turn decreases the focal host transmission rate. Second, the decrease in  
285 focal host density causes an increase in introduced host density (through reduced interspecific  
286 competition from the focal host). This results in an increased density of infected introduced  
287 hosts, which leads to greater infectious propagule densities and an increase in the focal host  
288 transmission rate. If the introduced host is not a large source of infectious propagules, then  
289 the decrease in focal host infection rates (effect 1) is greater than the increase (effect 2),  
290 resulting in a decrease in focal host prevalence. However, if the introduced host is a large  
291 source of infectious propagules, then the increase in focal host infection rates (effect 1) is  
292 greater, resulting in a increase in focal host prevalence.

### 293 **3.4 Predictions for factors promoting amplification versus dilution**

294 Here, we interpret out conditions for increased and decreased infection prevalence of the focal  
295 host in terms of factors that promote whether introduction of the introduced host amplifies  
296 or dilutes disease in the focal host. Our predictions are summarized in Table 1.

297 We predict higher competence introduced hosts promote amplification, unless the in-  
298 troduced host is a large sink; introduced hosts that are stronger intraspecific competitors  
299 promote amplification, unless the introduced host is a large source; and introduced hosts  
300 that are stronger interspecific competitors promote dilution, unless the introduced host is  
301 a large source. We also predict that greater dilution and less amplification will occur un-  
302 der frequency dependent direct transmission when compared to density dependent direct  
303 transmission when interspecific host competition is weak, the introduced host has lower  
304 competence, and the introduced host experiences weaker intraspecific competition. Greater  
305 dilution and less amplification occurs under density dependent direct transmission under the  
306 opposite conditions.

307 It is important to note that our predictions focus on which factors promote amplification  
308 versus dilution and do not necessarily indicate which one will occur in a given system.  
309 However, in some cases, we can place restrictions on which outcome can occur. Specifically,  
310 for any level of interspecific competition, it is possible for dilution to occur under frequency  
311 dependent direct transmission and amplification to occur under density dependent direct  
312 transmission (Figure 4A). In contrast, only when interspecific competition is sufficiently  
313 high is it possible for dilution to occur under density dependent direct transmission and  
314 amplification to occur under frequency dependent direct transmission. For example, in Figure  
315 4B, amplification occurs for both transmission mechanisms when interspecific competition is  
316 absent or low (dashed curves are above dotted line) whereas dilution can occur for density  
317 dependent direct transmission only when interspecific competition is sufficiently strong (solid  
318 line passes through dotted line).

319 There are three conditions under which some or all of our predictions can be reversed.  
320 First, all of the predictions can be reversed if the effects of interspecific host competition are  
321 greater than the effects of intraspecific competition. This can occur, e.g., in systems where  
322 coexistence of the two host species is pathogen-mediated.

323 Second, all of the predictions can be reversed if one or both hosts are experiencing suf-  
324 ficiently large positive density dependence (at equilibrium). This occurs when the pathogen

325 reduces the density of one host to the point where the growth rate of that host is an in-  
326 creasing function of its own density. This is analogous to positive density dependence of a  
327 prey species in a predator-prey system, which occurs when the predator reduces the prey  
328 density to levels below the hump in the predator nullcline. The filled circles in Figure 2BC  
329 denote the minimum parameter values at which one host is experiencing positive density  
330 dependence. When the positive density dependence is sufficiently large, all of the curves  
331 reverse direction.

332 Third, the predictions about host competence can be reversed if infected hosts are suf-  
333 ficiently stronger interspecific competitors than susceptible hosts. Specifically, if infected  
334 hosts are stronger interspecific competitors, then higher competence hosts can amplify dis-  
335 ease less (decreasing portions of magenta and red curves left of the filled circles in Figure  
336 2C). We do not expect this scenario to arise frequently in systems, but it can occur, e.g.,  
337 in systems where pathogens cause gigantism in the host, provided infection does not also  
338 decrease feeding rates.

## 339 4 Discussion

340 Whether increased host biodiversity leads to greater or less disease has been contested in the  
341 literature (Lafferty and Wood, 2013; Ostfeld and Keesing, 2013; Wood and Lafferty, 2013),  
342 leading to calls for new theory explaining how particular mechanisms influence amplification  
343 and dilution (Buhnerkempe et al., 2015; Halsey, 2019; Rohr et al., 2019). As an initial  
344 step toward addressing this need, we developed a framework that unifies environmental  
345 transmission models and direct transmission models with density or frequency dependent  
346 transmission and used that framework to identify general rules about which characteristics  
347 of an introduced host (specifically, competence and competitive ability) and the pathogen  
348 transmission mode promote higher versus lower prevalence in a focal host. Our resulting  
349 predictions about the factors that promote amplification versus dilution (Table 1) help unify  
350 and extend the existing bodies of dilution theory and point the way forward for developing  
351 a unified theory for amplification and dilution of disease.

352 Our approach shows that there are general rules governing how specific biological mech-  
353 anisms shape biodiversity-disease patterns, but the rules have context dependencies (Table  
354 1). This in turn helps explain some of the differing predictions made in previous studies.  
355 For example, in agreement with previous studies that did not include interspecific host com-  
356 petition (Dobson 2004; Rudolf and Antonovics 2005; Hatcher et al. 2006; Faust et al. 2017),  
357 in the absence of interspecific competition dilution occurs more frequently under frequency  
358 dependent direct transmission and amplification occurs more frequently under density de-  
359 pendent direct transmission and environmental transmission (Figure 4). However as found  
360 in other studies, incorporating interspecific host competition can alter predictions (Ogden  
361 and Tsao, 2009; Strauss et al., 2015; O’Regan et al., 2015; Searle et al., 2016), including  
362 allowing for the possibility that dilution occurs under density dependent direct transmis-  
363 sion, but not frequency dependent direct transmission (Figure 4B). Our results show that in  
364 general dilution in a focal host is promoted by increased interspecific competitive ability of  
365 another host, provided the other host is not a large source.

366 Our unified framework for environmental transmission and density dependent and fre-

367 quency dependent direct transmission models helps explain how differences in the trans-  
368 mission mechanism influence amplification and dilution. First, our framework shows that  
369 environmental transmission lies intermediate between the two types of direct transmission,  
370 with the relative rates of infectious propagule degradation and uptake by hosts determin-  
371 ing whether an environmental transmission system behaves more like a density dependent  
372 or frequency dependent direct transmission system (Figure 1A). Second, while our general  
373 rules (Table 1) hold for all three transmission types, their implications can differ for den-  
374 sity dependent and frequency dependent direct transmission pathogen. For example, under  
375 density dependent direct transmission, all hosts are necessarily source hosts because the up-  
376 take rates are zero. This means that, all else being equal, a higher competence host will  
377 always amplify more than a lower competence host when there is density dependent direct  
378 transmission. In contrast, under frequency dependent direct transmission, a host can be a  
379 sink or a source. An introduced host is more likely to be sink if (i) the introduced host has  
380 a lower transmission coefficient; (ii) the introduced host has lower density, which can arise  
381 via the introduced host being a strong intraspecific competitor or the focal host be a strong  
382 interspecific competitor; and (iii) the focal host spends more time per encounter interacting  
383 with heterospecifics than conspecifics (e.g., focal hosts spend more time defending territory  
384 against heterospecifics than conspecifics). Because hosts can be sinks, higher competence of  
385 an introduced host does not necessarily imply greater amplification for frequency dependent  
386 direct transmission pathogens.

387 While our framework shows how the three types of models can be unified and identifies  
388 general rules governing the ways in which some mechanisms influence amplification and  
389 dilution, it also points towards areas where new theory is needed. First, our framework  
390 does not address correlations between traits, which could affect predictions about how host  
391 biodiversity affects amplification and dilution of disease. For example, the diluting effects of  
392 *Daphnia* species are influenced by propagule uptake rates and resource consumption rates,  
393 both of which are affected by the host filtering rate (Hall et al., 2007; Dallas et al., 2016).  
394 Similar correlations may also be present in insects (Evans and Entwistle, 1987; Naug, 2014),  
395 snails (Lafferty, 1993; Miura et al., 2006), and grazing mammals (Williams and Barker, 2008;  
396 Wobeser, 2013) that consume their environmentally transmitted pathogens or encounter  
397 them while foraging (Hall et al., 2007).

398 Second, new theory is needed to understand if our predictions also hold for vector-borne  
399 pathogens. Vector transmission and frequency dependent direct transmission are thought to  
400 be similar (Rudolf and Antonovics, 2005), suggesting that our results may apply. However,  
401 patterns of amplification and dilution can be influenced by how host biodiversity affects the  
402 abundance and biting behavior of the vector (Miller and Huppert, 2013; Normal et al., 1999).  
403 An important area of future work is exploring if our unified framework for environmental  
404 and direct transmission can be extended to include vector-borne transmission.

405 Finally, previous studies have used three different metrics to study how host biodiversity  
406 influences disease: the proportion of infected hosts (prevalence), the absolute number or  
407 density of infected hosts, and the pathogen basic reproductive number ( $R_0$ ). Predictions  
408 can disagree between metrics (Roberts and Heesterbeek, 2018). For our model, all of our  
409 general predictions about focal host prevalence (Table 1) also hold for focal host infected  
410 density; see appendices for details. However, this does not preclude host and pathogen  
411 characteristics from having effects of different signs on the prevalence and density of infected

412 individuals. For example, in Figure 3B, increased intraspecific competitive ability of the  
413 introduced host causes higher infected density in all cases, even though prevalence decreases  
414 when the introduced host has the largest excretion rate (red curve). The reason for this  
415 disagreement is that the introduced host is a sufficiently large source to cause prevalence  
416 to decrease with increased intraspecific competitive ability, but an insufficiently large source  
417 to also cause the density of infected hosts to decrease. Similar kinds of disagreement can  
418 occur with other host characteristics or the pathogen transmission mode. Thus, new theory  
419 is needed to determine when and why predictions differ between the three metrics and how  
420 that affects our understanding of how host biodiversity affects levels of disease.

421 Overall, our work is step towards the development of a unified dilution theory for pathogens  
422 with environmental transmission and density dependent and frequency dependent direct  
423 transmission. While more work remains to be done, our framework provides a way forward  
424 toward the development of a general unified dilution theory.

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538 **6 Tables & Figures**

539 **Table 1:** Predictions for how the characteristics of an introduced host and the pathogen  
 540 transmission mode affect amplification and dilution in a focal host

| <u>Characteristic</u>                          | <u>Predicted effects</u>  |
|--|---|
| <u>Competence</u>                              | Higher competence promotes amplification, unless the host is a sufficiently large sink for infectious propagules  |
| <u>Competitive ability</u>                     | Stronger intraspecific competition promotes amplification, unless the host is a sufficiently large source of infectious propagules<br>Stronger interspecific competitors promotes dilution, unless the host is a sufficiently large source of infectious propagules   |
| <u>Transmission mode</u>                       | Frequency dependent direct transmission promotes dilution more than density dependent direct transmission when<br>(i) weak interspecific host competition<br>(ii) introduced host is a weaker intraspecific competitor<br>(iii) introduced host is a lower competence host<br><br>Density dependent direct transmission promotes dilution more than frequency dependent direct transmission when<br>(i) strong interspecific host competition<br>(ii) introduced host is a stronger intraspecific competitor<br>(iii) introduced host is a higher competence host |
| <u>Conditions that can reverse predictions</u> | Sufficiently strong positive density dependence in either host<br>Interspecific competition greater than intraspecific competition<br>Infected hosts are stronger interspecific competitors than susceptible hosts  |

542

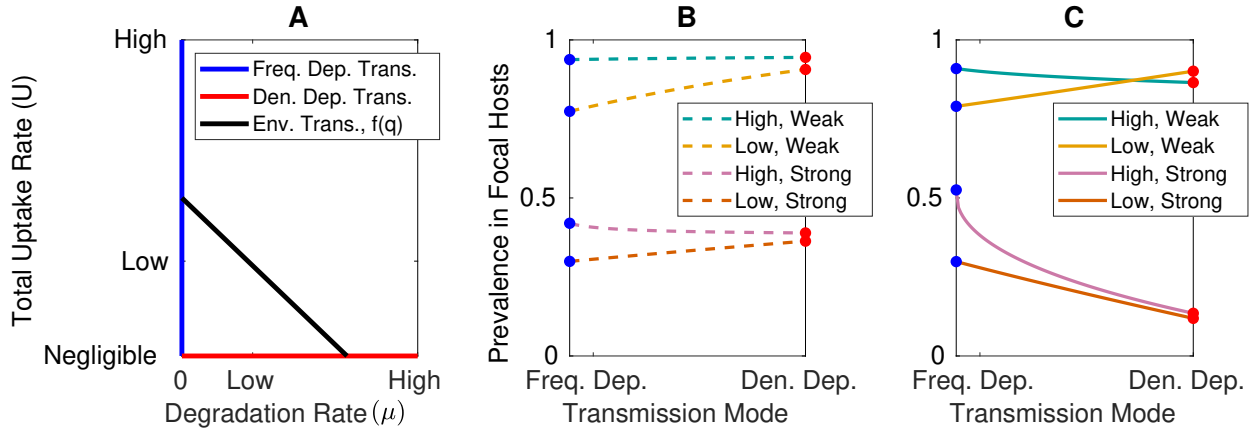


Figure 1: Environmental transmission models and density dependent and frequency dependent direct transmission models can be unified, which helps identify how the transmission mechanism influences infection prevalence in the focal host. (A) Environmental transmission sits intermediate between density dependent and frequency dependent direct transmission, with environmental transmission models being identical to density dependent direct transmission models when loss of infectious propagules due to uptake by hosts is negligible ( $U = 0$ , red) and identical to frequency dependent direct transmission models when there is no infectious propagule degradation ( $\mu = 0$ , blue). Effect of transmission mode on focal host prevalence in the (B; dashed) absence and (C; solid) presence of interspecific host competition for introduced hosts that are low or high competence and weak or strong intraspecific competitors. Panels show equilibrium prevalence in the focal host as the function  $f(q)$  is used to transform the environmental transmission model from a frequency dependent form (red dots) to a density dependent form (blue dots) while holding the allopatric equilibrium densities constant; see text for details. See appendix S1.6 for models and parameters.

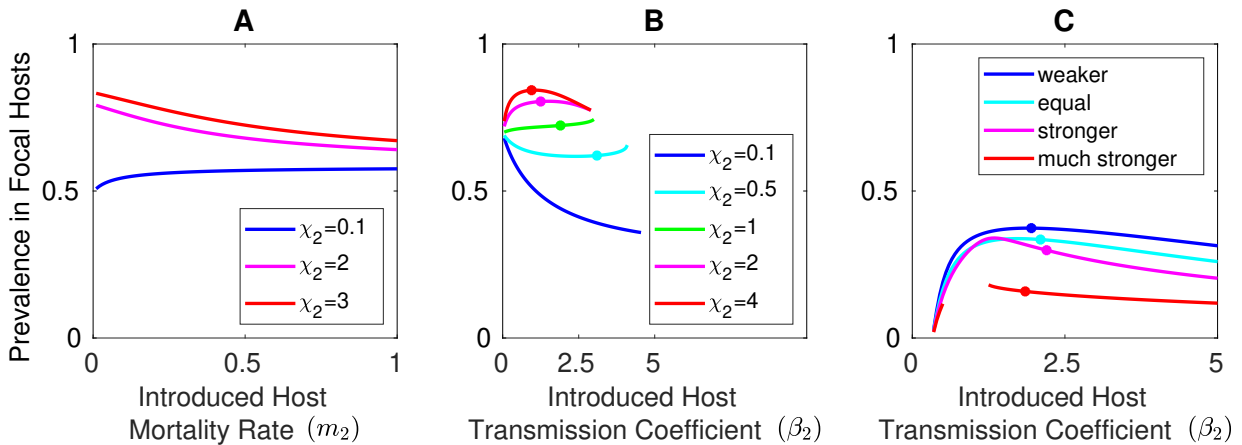


Figure 2: Increased competence of an introduced host leads to greater infection prevalence in a focal host, unless the introduced host is a sufficiently large sink for infectious propagules, one or both host experience strong positive density dependence at equilibrium, or infected hosts are stronger interspecific competitors than susceptible hosts. All panels show equilibrium prevalence in the focal host as components defining the competence of the introduced host are varied; filled circles in panels B and C denote parameter values above which at least one host experiences positive density dependence. (A) Response to increased disease induced mortality when the introduced host is a (blue) large sink, (magenta) small source, or (red) large source. (B) Response to increased transmission rates when the introduced host is a (blue) large sink, (cyan) small sink, (green) equal source, (magenta) large source, or (red) very large source. (C) Response to increased transmission rates when infected hosts are (blue) weaker, (cyan) equal, (magenta) stronger, or (red) much stronger interspecific competitors than susceptible hosts. Break in red curve is due to coexistence being impossible for intermediate transmission coefficients. See appendix S1.6 for equations and parameters.

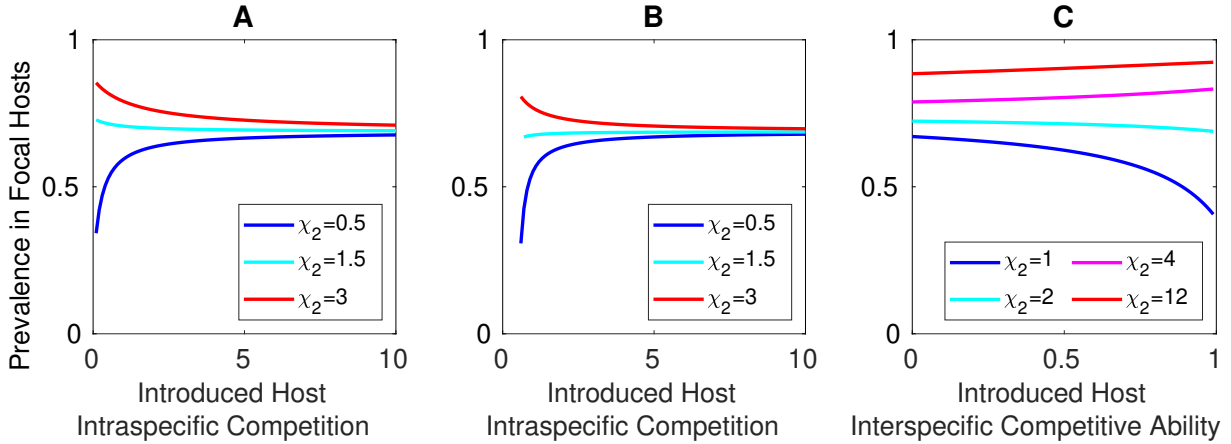


Figure 3: Increased intraspecific competitive ability of the introduced host leads to greater infection prevalence in the focal host and increased interspecific competitive ability of the introduced host leads to lower infection prevalence in a focal host, unless the introduced host is a sufficiently large source of infectious propagules. All panels show equilibrium infection prevalence in the focal host as the (A,B) intraspecific or (C) interspecific competitive ability of the introduced host is varied. Response to increased intraspecific competitive ability of the introduced host in the (A) absence and (B) presence of interspecific competition when the introduced host is a (blue) large sink, (cyan) small source, or (red) large source. (C) Response to increased interspecific competitive ability of the introduced host when the introduced host that is a (blue) large sink, (cyan) equal source, (magenta) larger source, or (red) much larger source. See appendix S1.6 for equations and parameters.

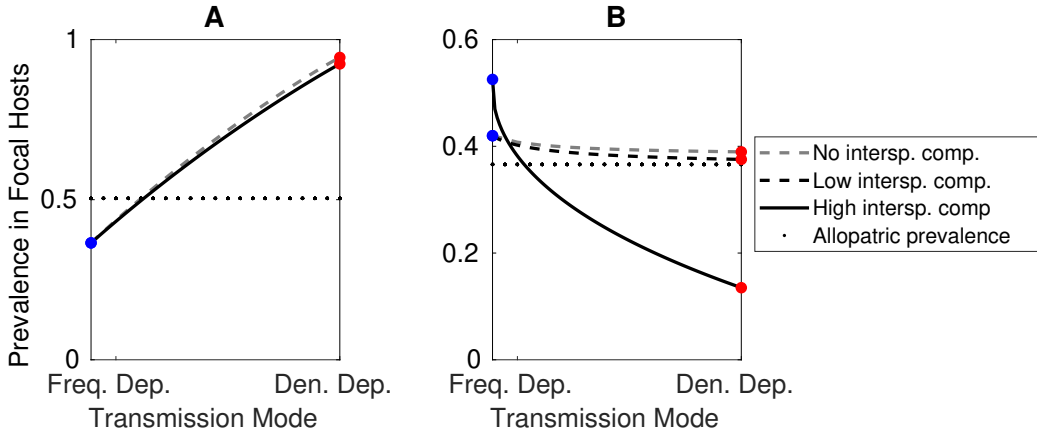


Figure 4: Interspecific host competition influences whether frequency dependent and density dependent direct transmission lead to different predictions about amplification and dilution in a focal host. (A) Frequency dependent direct transmission can cause dilution when density dependent direct transmission causes amplification in the (dashed gray) absence or (solid black) presence of interspecific competition. (C) Less amplification can occur under density dependent direct transmission than frequency dependent direct transmission when interspecific host competition is absent (dashed gray) or low (dashed black). However, density dependent direct transmission can cause dilution when frequency dependent direct transmission causes amplification only if (solid black) interspecific host competition is sufficiently strong. In both panels, dotted horizontal lines denote the prevalence in the focal host in allopatry. Dashed and solid curves show sympatric equilibrium prevalence in the focal host as the function  $f(q)$  is used to transform the environmental transmission model from a frequency dependent form (red dots) to a density dependent form (blue dots) while holding the allopatric equilibrium densities for the focal host constant; see text for details. See appendix S1.6 for models and parameters.