What should you bring?

1. **Bring old sneakers** (no flip-flops, TEVAS, water socks, or Crocs). Your feet will get wet and sandy. **For safety reasons, you can’t wear flip-flops or crocs on the boats.**

2. **Extra pair of clothes & shoes** for the classroom and trip home.

3. We suggest that participants wear a T-shirt and shorts. Bring a sweatshirt for cool weather. If rain is forecasted, bring a rain jacket or poncho!

4. **Bag lunch & snacks.** There is no food for purchase at the lab, so make sure you bring enough!

5. **Bottle(s) of drinking water** (the water is NOT potable at the marine lab)

6. **Sunscreen** (at LEAST 30 SPF)

7. **Hat & sunglasses**

8. **Do not** bring easily lost or damaged items including digital cameras, Ipods, cell phones, expensive jewelry, etc.

9. **Plastic bag for your wet shoes.**

10. ***$12 cash or check (made out to FSU Foundation) so you can help support our programs by purchasing a super-cool Saturday-at-the-Sea short-sleeved T-shirt*** (sizes are adult S, M, L & XL)