

# Community Resources

This document contains resources that can help with a variety of issues such as where to find free or low-cost food, health services, and shelter.

Color Key:

- = religious organization
- = assists veterans
- = assists people with disabilities
- = assists with LGBTQ+ related issues

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**Animal Care**

This section contains information related to animal control, animal adoptions, and emergency or low-cost vet care.

*Animal Service Center*

1125 Easterwood Drive, 850-891-2950, <https://www.talgov.com/animals/animalservices.aspx>

M Closed, Tu-F 10:30 AM to 6:30 PM, Sat 10 AM to 5 PM, Sun 1 PM to 5 PM

Pet adoptions and fostering.

*Leon County Humane Society*

413 Timberlane Rd, 850-224-9193, <https://www.leoncountyhumane.org/>

M-Th 10 AM to 5 PM, F 10 AM to 1 PM, Sat & Sun Closed

Pet adoptions and fostering. Offers low-cost spay/neuter vouchers and has a pet food pantry for those in need.

*Animal Control*

1125 Easterwood Dr, 850-891-2958, <https://www.talgov.com/animals/asc-control.aspx>

M-F 8 AM to 5 PM, Sat & Sun Closed

Provide services related to stray or abandoned animals, nuisance animals, and neglected animals. For emergencies after-hours, call 850-606-5800.

*Tallahassee Big Dog Rescue*

3345 Monroe St Suite C, 850-562-3200, <http://www.bigdogrescue.com/>

Tu-F 9 AM to 3 PM, Sat 9 AM to 4 PM, Sun Closed

Dog adoptions.

*Last Hope Rescue*

PO Box 13723, [lasthoperescuefl@gmail.com](mailto:lasthoperescuefl@gmail.com), <http://lasthoperescue.org/>

Dog adoptions and fostering.

*Cauzican Care Animal Rescue*

[ccarfoster@gmail.com](mailto:ccarfoster@gmail.com), [cauzicanFL@gmail.com](mailto:cauzicanFL@gmail.com), <http://cauzican.jrupp.com/>

Pet adoptions and fostering. \*

*Allied Veterinarian*

2324 Centerville Rd, 850-222-0123, <https://www.alliedveterinary.com/>

Open 24/7

Emergency vet hospital.

*Northwood Animal Hospital*

1881-B N Martin Luther King Blvd, 850-385-8181, <https://northwoodanimalhospital.com/pet-hospital/>

Open 24/7 for Emergencies, M-F 7 AM to 5 PM, Sat 8 AM to 12 PM, Closed Sun

Emergency vet hospital. Also provides regular vet services during their non-emergency business hours.

*Animal Aid Foundation*

2270 Boone Blvd, 850-386-4148, <http://www.animalaid.us/>

M-F 7:30 AM to 5:30 PM, Closed Sat & Sun

Low-cost spay/neuter clinic. Also provides dental services for pets.

*Vetco*

1380 Village Square Blvd, 850-656-0395

Hours Vary

Low-cost vet services at Petco. Hours vary and can be found here:

<https://www.vetcoclinics.com/services-and-clinics/clinic-locations-and-schedules/?zip=32304>

### **Clothing, Personal Hygiene, & Household Items**

This section contains information related to free or low-cost clothing, personal hygiene items, and household items such as utensils and cleaning supplies.

#### *Salvation Army* ●

2410 Allen Rd, 850-222-0304, <https://salvationarmyflorida.org/tallahassee/>

M-Th 8 AM to 11:30 AM & 1 PM to 4 PM, F-Sun Closed

Helps with clothing, personal hygiene items, and household items depending on need. Must provide ID and social security card.

#### *ECHO Outreach Ministries Emergency Resources Program* ●

1701 S Gadsden St, 850-224-3246, <https://echoth.org/>

M-Th 9 AM to 11:30 AM & 1 PM to 4:30 PM, F 9 AM to 12 PM, Sat & Sun Closed

Clothing, household items, and furniture.

#### *Leach Recreation Center*

118 Varsity Way, 850-644-0548, <https://campusrec.fsu.edu/fitness/facilities/>

Regular fall & spring hours: M-Th 6 AM to 10 PM, F 6 AM to 9 PM, Sat & Sun 9 AM to 9 PM

FSU's main gym. Access to the gym is free for all FSU students (and available to faculty, staff, alumni, and affiliates for a fee), and has showers and bathrooms.

#### *Catholic Charities* ●

1380 Blountstown Hwy, 850-222-2180, <https://ccnwfl.org/>

M-Th 9 AM to 12 PM & 1 PM to 4:30 PM, F-Sun Closed

Clothing assistance. Must have picture ID.

#### *City Walk Urban Mission Thrift Store* ●

1351 Thomasville Rd, 850-528-3909, <http://tallahasseethriftstore.com/Thrift-Store>

M-Sat 10 AM to 6 PM, Sun Closed

Thrift store for clothes and household items. Accepts vouchers from local agencies.

#### *Maranatha SDA Church* ●

3121 Jim Lee Rd, 850-878-7780, <http://maranathasda.org/>

6 PM to 7 PM on the 2nd & 4th W of the Month

Clothing assistance.

#### *Redeemer's Storehouse* ●

4423 Monroe St, 850-562-1759, <http://lake-jackson-umc.org/index.php/Redeemer%27s-Storehouse>

8:30 AM to 10:30 AM on the 3rd Sat of the Month

Hygiene and personal items.

#### *Calvary United Methodist Church* ●

2145 W Pensacola St, 850-576-3124, <http://www.umc.org/find-a-church/church/36454>

M 8:30 AM to 12 PM M and 2nd Sat of the Month

Free clothing.

***Faith Presbyterian Church*** ●

2200 N Meridian Rd, 850-385-6151  
9 AM to 10 AM on 3rd Sat of the Month  
Clothing assistance.

***Good Samaritan Thrift Store*** ●

2810 Sharer Rd, 850-297-1113 ext. 1007, <https://www.gsncares.org/thrift-store/>  
M-Sat 10 AM to 6 PM, Sun Closed  
Thrift store for furniture, clothing, and household items.

***Goodwill***

2309 Apalachee Pwky, 850-216-2437  
M-Sat 9 AM to 8 PM, Sun 10 AM to 6 PM  
Goodwill's retail store with clothing, furniture, and household items.

***The Living Harvest Thrift Store*** ●

4500 W Shannon Lakes Dr (850-765-6285), 1219 W Tharpe St (850-536-6082), 308 Orange Ave E (850-900-5930), <http://www.thelivingharvest.org/thrift-stores.html>  
M-Sat 9 AM to 5 PM, Closed Sun  
Thrift store with three locations that sells clothing, furniture, and household items.

***All About Love***

Confidential Location, 850-591-2017, 24/7  
Confidential location that can provide clothing assistance. Call to know more.

***Big Bend Habitat for Humanity ReStore*** ●

387-C Marpan Ln, 850-544-6438, <http://bigbendhabitat.org/restore/>  
Tu-F 9 AM to 5 PM, Sat 9 AM to 12 PM, Closed Sun & M  
Provides inexpensive household supplies and appliances.

## **Criminal Justice Services**

This section contains information related to criminal justice services, particularly for at-risk individuals such as people with disabilities or children. This section also includes information about how to report misconduct.

### *Ability1st Crime Victim Assistance* ●

1823 Buford Ct, 850-575-9621, <https://www.ability1st.info/programs/crime-victims-assistance>

M-Th 8:30 AM to 5 PM, F 8:30 AM to 3 PM, Closed Sat & Sun

Program for people with disabilities who have been a victim of a crime.

### *AMikids Tallahassee*

2514 Tharpe St, 850-921-1250, <http://www.amikids.org/>

M-F 8 AM to 5 PM, Closed Sat & Sun

Helps non-violent juvenile offenders ages 11-17.

### *Childhelp National Child Abuse Hotline*

800-422-4453, Open 24/7, <http://www.childhelp.org/>

Confidential child abuse hotline offering crisis counseling, literature & information, and referrals to emergency and support resources.

### *DISC Village*

536 Appleyard Dr, 850-575-4025, <http://discvillage.com/>

M-F 8 AM to 5 PM, Closed Sat & Sun

Assists juveniles involved in the criminal justice system.

### *Equal Opportunity and Compliance Office (EOC)* ●●●

282 Champions Way University Center A Room 6200, 850-645-6519,

[https://hr.fsu.edu/?page=eoc/eoc\\_home](https://hr.fsu.edu/?page=eoc/eoc_home)

One branch of FSU's human resources (HR) department. The EOC handles issues related to sexual misconduct, child abuse, parental leave, affirmative action, equal opportunity employment & discrimination, the Americans with Disabilities Act, and Veteran's Preference.

### *Legal Services of Tallahassee*

2119 Delta Blvd, 850-385-9007, <http://www.lsnf.org/>

M-Th 8:30 AM to 5:15 PM, Closed F-Sun

Provides free legal representation to low income individuals with civil legal problems.

### *State Attorney's Office*

301 S Monroe St Suite 475, 850-606-6000, <http://www.sao2fl.org/Contact-Us/Tallahassee-Leon-County>

State attorney's office at the Leon County Courthouse.

### *Florida Legal Services*

407-801-4350, <http://www.floridalegal.org/>

Main phone for Florida Legal Services, which fights for racial, economic, and social justice.

### *Victim Advocate Program*

282 Champions Way University Center A Suite 4100, 850-644-0687, <https://dos.fsu.edu/vap/>

M-F 8 AM to 5 PM, Closed Sat & Sun, Phone Open 24/7

FSU's Victim Advocate Program helps any FSU student, faculty member, or staff member who has been a victim of a crime, as well as anyone who was victimized on campus, at an FSU sponsored event, or by an FSU community member. This program is confidential.

*Veterans' Legal Clinic* ●

282 Champions Way University Center A Room 4300, 850-644-9868,

<https://law.fsu.edu/academics/clinical-programs/public-interest-law-center/veterans-legal-clinic>

Legal clinic at FSU's Student Veterans Center that provides free legal services to veterans.

**Crisis/Emergency Services**

This section contains information related to crises or emergencies, including crisis hotlines, poison control, and disaster assistance.

*211 Big Bend Hotline*

211 or 877-211-7005, Open 24/7, <http://www.211bigbend.org>

Hotline for temporary counseling, suicide prevention, and crisis intervention.

*Apalachee Center*

2634 Capital Circle NE Building B, 850-523-3333 x4301, <https://apalacheecenter.org/>

M-Sun 8 AM to 8 PM

Offers walk-in crisis counseling.

*Veterans Crisis Hotline* ●

800-273-8255 or text 838255, Open 24/7, <https://www.veteranscrisisline.net/>

Crisis hotline for veterans.

*FSU Crisis Management Unit (CMU)*

830 W Jefferson St, 850-644-1234, <https://police.fsu.edu/>

Open 24/7

Handles mental health emergencies for FSU students, faculty, and staff as well as visitors on campus.

*Poison Control*

800-222-1222, Open 24/7, <https://aapcc.org/>

Hotline to call if you or someone else has ingested a poisonous substance.

*Childhelp National Child Abuse Hotline*

800-422-4453, Open 24/7, <http://www.childhelp.org/>

Confidential child abuse hotline offering crisis counseling, literature & information, and referrals to emergency and support resources.

*Boys Town National Hotline*

800-448-3000, <https://www.boystown.org/hotline/Pages/default.aspx>

Open 24/7

Free counseling hotline for youth and parents.

*Trans Lifeline* ●

877-565-8860, <https://www.translifeline.org/hotline>

Open 24/7

Crisis hotline for trans people or anyone struggling with their gender identity.

*The Trevor Project* ●

866-488-7386 or text 678678, <https://www.thetrevorproject.org/>

Open 24/7

Organization dedicated to helping LGBTQ+ youth with a hotline for calls or texts. They also have an online chat option open 3 PM to 10 PM daily on their website.



*American Red Cross Emergency/Disaster Services*

1115 Easterwood Dr, 800-878-6080 or 800-733-2767

M-F 8:30 AM to 4:30 PM, Closed Sat & Sun

Assists with disaster education, services, and assessment.

*Direct Emergency Assistance Program*

850-222-2043, <https://cms.leoncountyfl.gov/Home/Departments/Office-of-Human-Services-and-Community-Partnership/Human-Services/Direct-Emergency-Assistance-Program>

Program designed to help Leon County individuals in cases of emergency by providing financial assistance.

*Catholic Charities* •

1380 Blountstown Hwy, 850-222-2180, <https://ccnwfl.org/>

M 9 AM to 10 AM, Closed Tu-Sun

Offers assistance with housing in emergencies. You must provide IDs for all adults in the household, birth certificates for all children in the household, proof of emergency/hardship, social security cards for all members of the household, verification of all household income, and receipts of any payments and expenses made in the last thirty days.

## Education

This section contains organizations that assist with education-related issues. This section does not include educational services offered specifically to women or girls. These can be found in the “Women’s Services” section.

### *Leon County School Board*

3955 W Pensacola St, 850-561-8370, <https://www.leonschools.net/Domain/316>

Leon county school board admin office. School board also has a liaison for children experiencing homelessness and transportation issues.

### *Leroy Collins Public Library* ●●

200 W Park Ave, 850-606-2665, <http://cms.leoncountyfl.gov/Library>

M-Th 10 AM to 9 PM, F 10 AM to 6 PM, Sat 10 AM to 5 PM, Sun 1 PM to 6 PM

Leon County’s main public library. Anyone who resides in Leon County, owns property here, or is an employee here is eligible for a free library card. Must provide proof of residency/employment.

Otherwise, library cards can be purchased for a fee. In addition to loaning books and media, they offer a screen reader program to help visually impaired individuals use the computer, a literacy program to help those who’d like to improve their English reading and writing skills, child-friendly programs, and free parking for veterans or people with disabilities.

### *Leon County Adult and Community Education* ●

526 Appleyard Dr, 850-717-2020, <http://www.aceleon.org/about>

M,W,Th 7:30 AM to 4 PM, Tu 7:30 AM to 6:30 PM, F 7 AM to 3:30 PM, Closed Sat & Sun

Offers GED classes, English for Speakers of Other Languages (ESOL) classes, and classes for adults with disabilities.

### *FSU Academic Center for Excellence (ACE)*

William Johnston Building G051, 850-645-9151, <https://ace.fsu.edu/about-us/contacthours>

Hours Vary - See Website

Offers study programs, tutoring, and study rooms for FSU students.

### *Student Disability Resource Center (SDRC)* ●

University Center A 4100, 850-644-1852, <https://dos.fsu.edu/sdrc>

M-F 8 AM to 5 PM, Closed Sat & Sun

Helps FSU students with disabilities obtain academic, dining, and housing accommodations.

### *Advising First*

King Building 1067, 850-644-5053, [http://undergrad1.its.fsu.edu/advising\\_first/advisors-display.php](http://undergrad1.its.fsu.edu/advising_first/advisors-display.php)

M-Th 8:30 AM to 12 PM and F 8:30 AM to 4:30 PM for walk-ins, M-Th 1:30 PM to 4:30 PM for appointments

Academic advising. The location, phone number, and hours given here are for undergrad biology advising, but advising for other undergrad majors can be found on the website.

### *Graduate School*

Westcott Building 314, 850-644-3501, <https://gradschool.fsu.edu/>

Office of The Graduate School at FSU.

*Graduate Assistants United (GAU)*

<https://www.fsugau.org/>, @FSU\_GAU  
Union for all graduate students at FSU.

*Communities in Schools*

444 Appleyard Dr Building 11 Room 298, 850-201-9750, <http://cisleon.org/>  
Program to help at-risk youth successfully learn, succeed in school, and graduate.

*FSU Student Veterans Center* ●

282 Champions Way University Center A Room 4300, 850-644-9562, <https://veterans.fsu.edu/>  
Veterans center at FSU aimed at helping students who are veterans, veteran-dependent, or active duty personnel.

*Early Learning Coalition*

2639 N Monroe St Building C-300, 850-385-0504, <https://www.elcbigbend.org/>  
M-Th 7 AM to 6 PM for appointments, M-Th 8:30 AM to 12:30 PM for walk-ins, Closed F-Sun  
Non-profit that works with families and child-care providers to help children succeed in school. Also offers tuition-assistance programs and community referrals.

*Florida Diagnostic & Learning Resources System Miccosukee* ●

725 S Calhoun St, 850-561-6545, <http://www.fdlrsmicco.org/>  
8 AM to 5 PM  
Provides educators and other educational personnel working with students with special needs with support services and professional development opportunities.

## Employment Services

This section contains programs and organizations dedicated to assisting individuals with finding employment, including those with disabilities and veterans.

### *The Able Trust* ●

3320 Thomasville Rd Suite 200, 850-224-4493, <http://www.abletrust.org/>

Public-private partnership foundation for providing people with disabilities opportunities for successful employment. They provide youth programs for career development through their Leadership Academy. They also offer a grant for organizations that provide employment placement programs that assist people with disabilities achieve employment.

### *All About Love*

Confidential Location, 850-591-2017, 24/7

Offers assistance with life management skills, budgeting, resume building, and employment.

### *The Arc of the Big Bend Employment Services Office* ●

2898 Mahan Dr Suite 2, 850-973-4614, <http://www.thearcbigbend.org/>

M-F 8 AM to 4 PM, Closed Sat & Sun

Offers adult day training for the developmentally disabled.

### *Ready 4 Work Tallahassee* ●

428 W Tennessee St, 850-329-2418, <https://www.ready4worktally.com/>

Offers employment services for ex-offenders such as a career development class, job coaching, and resume critiques. Clients must be drug-free, released from prison within the last three years or currently on probation, and a non-sexual offender.

### *Big Bend Technical College* ●

3233 S Byron Butler Pkwy, 850-838-2545, <https://www.bbtc.edu/>

Offers GED prep and testing as well as career & technical programs such as welding and cosmetology. Students must be at least 16 years old (or at least 18 for certain programs). Many programs are eligible for Veterans' Affairs benefits.

### *Career Center* ●

100 S Woodward Ave Suite 1200, 850-644-6431, <https://career.fsu.edu/>

M-F 8 AM to 5 PM, Closed Sat & Sun

Assists FSU students with creating resumes, interviewing for jobs, applying for graduate school, and gaining work experience. Also offers accommodations and resources for those with disabilities.

### *Career Source* ●

2601 Blairstone Rd Building C Suite 200, 850-922-0023, <https://www.careersourcecapitalregion.com/>

M-Th 8:30 AM to 6 PM, F 8:30 AM to 1 PM, Closed Sat & Sun

Offers employment services such as assistance with job searching, resume writing classes, and employability skills classes. Also offers specific employment programs for ex-offenders and veterans.

### *Employ Florida Vets* ●

1-800-438-4128, <https://veteran.employflorida.com/vosnet/Default.aspx##>

Website and toll-free number to assist veterans with finding employment in Florida.

## Financial Assistance

This section includes organizations that will help with financial issues that are not exclusive to a specific issue (such as health or housing).

### *AARP Tax-Aide Program*

200 W College Ave Suite 304, 888-227-7669, <http://www.aarp.org/findtaxhelp>

Offers a seasonal program starting in late January/early February through April 15 to help people of low or middle-income status with tax preparation.

### *Direct Emergency Assistance Program*

850-222-2043, <https://cms.leoncountyfl.gov/Home/Departments/Office-of-Human-Services-and-Community-Partnership/Human-Services/Direct-Emergency-Assistance-Program>

Program designed to help Leon County individuals in cases of emergency by providing financial assistance.

### *All About Love* •

Confidential Location, 850-591-2017, 24/7

Offers assistance with budgeting, SSI/SS applications, and Veteran's Affairs benefits.

### *ClearPoint Credit Counseling Solutions*

800-750-2227, <https://www.clearpoint.org/>

Phone and online counseling for credit report analysis, debt, bankruptcy, and budgeting. Also offers financial education classes online and via podcasts and webinars.

### *Tax Help for People with Disabilities* •

800-829-1040, <https://www.irs.gov/publications/p907>

Program through the US Department of Treasury that provides tax relief for disabled people and/or their caretakers.

### *Capital City Youth Services Going Places Street Outreach*

654 Dunn St, 850-408-1469, <http://www.ccys.org/>

Tu-F 12 PM to 7 PM, Sat 12 PM to 5 PM, Closed Sun & M

Offers assistance with finding financial aid to homeless, runaway, or otherwise at-risk youth ages 11-21.

### *Catholic Charities* •

1380 Blountstown Hwy, 850-222-2180, <https://ccnwfl.org/>

M 9 AM to 10 AM, Closed Tu-Sun

Offers assistance with rent and utility payment once every 12 months per household for those in need. Qualifying people can only receive either rent or utility payment each time.

### *Tax Relief for Divorced or Separated Individuals*

800-829-1040, <https://www.irs.gov/publications/p504>

Program through the US Department of Treasury that provides tax relief for divorced or separated individuals.

### *Elder Care Services*

2518 W Tennessee St, 850-921-5554, <https://eldercarebigbend.org/>

Offers assistance for elders with utility and propane gas bills once in the summer and once in the winter.

## **Food Assistance**

This section contains information about organizations and programs that help provide people with free or low-cost food such as the SNAP program, food banks, and home deliveries for those who are disabled or lack transportation.

### *Supplemental Nutrition Assistance Program (SNAP)*

1-866-762-2237, <http://www.myflorida.com/accessflorida/>

M-F 8 AM to 5 PM, Closed Sat & Sun

The SNAP program (formerly the Food Stamp Program) is designed to provide food benefits and education on food preparation to low-income households. The qualifications and application can be found on the website.

### *Senior Farmers' Market Nutrition Program (SFMNP)*

<https://www.fns.usda.gov/sfmnp/senior-farmers-market-nutrition-program>

Program through the US Department of Agriculture to assist low-income seniors by offering coupons to farmers' markets, roadside stands, and community-supported agriculture programs.

### *The Kearney Center*

2650 Municipal Way, 850-792-9000, <http://kearneycenter.org/services/>

M-F 7:30 AM to 8:15 AM, 11:30 AM to 12:30 PM, and 7 PM to 8 PM; Sat & Sun 10:30 AM to 11:30 AM and 6 PM to 7 PM

Offers breakfast, lunch, and dinner to registered individuals (must be homeless or otherwise experiencing economic hardship).

### *Grace Mission Episcopal Church* ●

303 W Brevard St, 850-224-3817, <http://www.gracemission.net>

Tu 12 PM and 5:30 PM, W 9 AM and 12 PM, Th 5:30 PM, Sat 9 AM, Sun after church (which starts at 8:15 AM), Closed M & F

Offers breakfast, lunch, and/or dinner.

### *Salvation Army* ●

2410 Allen Rd, 850-222-0304, <https://salvationarmyflorida.org/tallahassee/>

M-Th 8 AM to 11:30 AM and 1 PM to 4 PM, Closed F-Sun

Offers a food pantry.

### *ECHO Outreach Ministries Emergency Resources Program* ●

1701 S Gadsden St, 850-224-3246, <https://echotlh.org/>

M-Th 9 AM to 11:30 AM and 1 PM to 4 PM, F 9 AM to 12 PM

Offers a food pantry. Must present a photo ID.

### *Catholic Charities* ●

1380 Blountstown Hwy, 850-222-2180, <https://ccnwfl.org/>

M 9 AM to 10 AM, Closed Tu-Sun

Offers assistance with food.

### *Maranatha SDA Church* ●



3121 Jim Lee Rd, 850-878-7780, <http://maranathasda.org/>  
6 PM to 7 PM on the 2nd & 4th W of the Month  
Food assistance.

*Jacob Chapel Baptist Church* ●

2333 Lake Bradford Rd, 850-574-3150, <http://jacobchapel.org/index.html>  
M & W 4 PM to 7 PM  
Clothing assistance.

*Lake Jackson United Methodist Church*

4423 N Monroe St, 850-562-1759, <http://lake-jackson-umc.org/>  
8:30 AM to 10:30 AM on the 3<sup>rd</sup> Sat of the Month  
Food pantry.

*All About Love*

Confidential Location, 850-591-2017, 24/7  
Offers assistance with the SNAP application process.

*Calvary Cornerstone Food Pantry* ●

1915 Dale St, 850-509-9749  
W & F 10:30 AM to 3 PM  
Food pantry.

*Capital City Youth Services Going Places Street Outreach*

654 Dunn St, 850-408-1469, <http://www.ccys.org/>  
Tu-F 12 PM to 7 PM, Sat 12 PM to 5 PM, Closed Sun & M  
Offers assistance with food stamp acquisition to homeless, runaway, or otherwise at-risk youth ages 11-21.

*Church of Christ Food Pantry* ●

916 Paul Russell Rd, 850-878-0085  
W 4:30 PM to 5:30 PM, Closed Th-M  
Food pantry. No restrictions or applications.

*Faith Presbyterian Church Manna on Meridian* ●

2200 N Meridian Rd, 850-385-6151, <https://www.faihpcusa.org/>  
8 AM to 10 AM on the 3<sup>rd</sup> Sat of the Month  
Offers food assistance.

*Food with Care*

407-657-3880, <https://foodwithcare.com/>  
Offers home frozen meal delivery throughout Florida. Meal selections include diabetic, low sodium, low cholesterol, and renal & puree entrees for restricted diets. Funding available through Medicaid Waiver, Long Term Managed Care, and Medicaid PAC Waiver.

*Frenchtown Farmers Market*

524 N MLK Jr. Blvd, 850-270-3573, <http://www.frenchtownheritage.org/>

Sat 10 AM to 2 PM, Closed Sun-F  
Farmers market with fresh produce. Accepts SNAP benefits.

*Food for Thought Pantry*

282 Champions Way University Center A Room 4100, 850-644-2428,  
<https://dos.fsu.edu/resources/food-for-thought-pantry>

Food pantry open to all FSU students. You must sign a waiver and show your FSU ID.

*Good News Outreach Food Pantry* ●●

347 Office Plaza Dr, 850-412-0016, <https://www.goodnewsoutreach.org/>

8 AM to 12 PM on the 1<sup>st</sup> & 3<sup>rd</sup> Thursday of the Month

Food pantry. Also offers home delivery once a month for those with a disability or transportation barriers.

## Health Services

This section includes organizations that provide any sort of health-related service that are not exclusive to mental health or substance abuse, such as screenings & tests, referrals, financial assistance for healthcare-related issues, or awareness services. Mental health and substance abuse services are included in a separate section. It also does not include programs/organizations aimed exclusively at women. These can be found in the Women's Services section.

### *Big Bend Cares Inc.*

2201 S Monroe St, 850-656-2437, <http://www.bigbendcares.org/>

M-F 9:30 AM to 4:30 PM for Orasure, T & Th 9:30 AM to 4:30 PM for Clearview Fingerstick, Closed Sat & Sun

Offers free HIV testing. The Orasure test gives you results in two weeks and does not require an appointment. Clearview Fingerstick testing gives you results in about 30 minutes but must be scheduled in advance. Also offers free condoms and educational materials.

### *North Florida Regional Thyroid Center* ●

1705 S Adams St, 850-224-7154, <https://www.thyroidcenter.com>

M-F 8 AM to 5 PM, Closed Sat & Sun

Health clinic that specializes in thyroid disorders, but also offers services for transgender individuals.

### *Sergeant Ernest I. "Boots" Thomas VA Clinic* ●

2181 E Orange Ave, 850-878-0191, <https://www.northflorida.va.gov/locations/tallahassee.asp>

M-W & F 7:30 AM to 4:30 PM, Th 7:30 AM to 5 PM, Sat 8 AM to 10 AM, Closed Sun

Offers various medical services for veterans including dental, surgical, and psychiatric services.

### *Florida KidCare*

661 E Jefferson St, 888-540-5437, <https://www.floridakidcare.org/>

M-F 7:30 AM to 7:30 PM, Closed Sat & Sun

Offers free or low-cost health insurance for uninsured children 0-18.

### *Department of Health (DOH) Clinics*

1515 Old Bainbridge Rd (Roberts & Stevens Clinic), 872 W Orange Ave (Richardson-Lewis Health Center), 850-404-6400 (Roberts & Stevens Clinic), 850-404-6240 (Richardson-Lewis Health Center),

<http://leon.floridahealth.gov/index.html>

M-F 8 AM to 5 PM, Closed Sat & Sun

Two clinics operated by the Florida DOH. The Roberts & Stevens Clinic offers STD testing & treatment, family planning services, and vaccines. The Robertson-Lewis Health Center offers STD testing & treatment. Both clinics also offer WIC-related services such as nutrition counseling, breastfeeding support groups, and assistance with providing nutritious food for low- and moderate-income women, infants, and children.

### *Tallahassee Memorial Hospital*

1300 Miccosukee Rd, 850-431-1155, <https://www.tmh.org/>

One of the main hospitals in Tallahassee.

### *Bond Community Health Center*

1720 S Gadsden St, 850-576-4073, <http://www.bondchc.com/>

Offers a variety of health services such as STD testing and dentistry. Also offers low-cost or free procedures and treatments in special cases.

*Ryan White HIV/AIDS Program*

301-443-7036, <https://hab.hrsa.gov/about-ryan-white-hivaids-program>

Federal program that provides HIV-related health services for low-income households.

*Capital Regional Medical Center*

2626 Capital Medical Blvd, 850-325-5000, <https://capitalregionalmedicalcenter.com/home/>

One of the other main hospitals in Tallahassee.

*Act Today!* ●

818-340-4010, <https://www.act-today.org/>

Quarterly grant program for families of those with Autism Spectrum Disorders that may help cover expenses for medication and therapies.

*Florida Medicaid* ●

800-633-4227, <https://www.myflfamilies.com/service-programs/access/medicaid.shtml>

State and federal partnership program to assist low-income households with medical expenses. In addition to the income requirements, you must be 64+, be pregnant or have a child under 18, be disabled, or have a disabled person living in your household to be eligible.

*The Assistance Fund* ●

855-845-3663, <https://tafcares.org/>

Program to help sick and/or disabled people with paying for medications, health insurance, or therapies.

*Planned Parenthood* ●

2618 W Tennessee St, 850-574-7455, <https://www.plannedparenthood.org>

M & Th 10 AM to 6 PM, Tu 10 AM to 4 PM, W 11 AM to 7 PM, F 8 AM to 3 PM, Closed Sat & Sun

Offers abortion services, birth control & emergency contraception, STD testing, LGBTQ+ services, pregnancy testing & services, and other health care services for both men and women. Accepts walk-ins or appointments and does not require you to have insurance.

*Medicare* ●

800-325-0778, <https://www.medicare.gov/>

Provides health insurance for people 65+, people with disabilities, or anyone with end-stage renal disease.

*Care Point Wellness*

2200 S Monroe St, 850-354-8765, <https://carepointwellness.com/>

M-F 8 AM to 5 PM, Closed Sat & Sun

Offers primary care to adults and children 10+. Also offers full care dental services for adults and mental health services.

*Dr. Jonathan Appelbaum* ●

1300 Miccosukee Rd (Clinic), 850-431-7900 (Clinic), 850-645-1227 (College of Medicine),  
<https://med.fsu.edu/directory/full?directoryId=14479>

Medical doctor at FSU's Internal Medicine Residency and professor at the College of Medicine. He specializes in aging, HIV/AIDS, and LGBTQ+ health disparities. Provides hormone replacement therapy.

*FSU Health and Wellness Center*

960 Learning Way, 850-644-6230, <https://uhs.fsu.edu/>

M-F 8 AM to 4 PM, Closed Sat & Sun

Offers a variety of health services to FSU students and postdocs, including immunizations, lab work, STD testing, and nutrition counseling. Faculty and staff may access the travel and nutrition clinics.

*Florida Children's Health Insurance Program*

888-540-5437, <https://www.healthykids.org/apply/>

Provides health coverage to children/families with incomes too high to qualify for Medicaid but still cannot afford private coverage.

*Elder Care Services*

2518 W Tennessee St (Main Office), 1660-11 N Monroe St (Day Stay), 850-921-5554 (Main Office), 850-222-4208 (Day Stay), <https://eldercarebigbend.org/>

Offers a variety of elder care services, including a day care clinic and assistance with medical supplies.

*Big Bend Hospice*

1723 Mahan Center Blvd, 850-878-5310, <https://www.bigbendhospice.org/>

Hospice care.

*Engage Behavioral Health* ●

1842 Jaclif Ct Suite A, 850-298-8862, <http://www.engagebehavioralhealth.com/>

Provides services for children with autism and their families including toilet training, different kinds of behavioral therapy, and parent training.

*Ability 1<sup>st</sup> Access to Independence* ●

1823 Buford Ct, 850-575-9621, <https://www.ability1st.info/programs/access-to-independence>

The Access to Independence program helps provide medical equipment to low-income individuals who do not have health insurance coverage.

*Big Bend Cares*

2201 S Monroe St, 850-656-2437, <http://www.bigbendcares.org/>

M-F 8 AM to 5 PM, Closed Sat & Sun

Offers a variety of services to those affected by HIV/AIDS such as counseling, nutritional services, X-rays and lab work, and dental care.

*FSU Center for Autism and Related Disabilities* ●

2312 Killlearn Center Blvd Building A, 850-644-4367, <https://fsucard.com/>

M-F 8:30 AM to 4:30 PM, Closed Sat & Sun

Provides individuals with autism or related disabilities and their families with free consultations, training, and support.

## Housing

This section contains information about emergency or low-cost housing/shelter. It does not include programs/organizations aimed exclusively at women. These can be found in the Women's Services section.

### *Big Bend Habitat for Humanity* ●

2921 Roberts Ave, 850-574-2288, <http://bigbendhabitat.org/>

Helps low-income families acquire homes using volunteer labor.

### *Big Bend Homeless Coalition* ●●

Various locations and phone numbers, <http://www.bigbendhc.org/index.html>

Offers permanent and emergency housing for a variety of people depending on the program. They have permanent housing programs for homeless veterans, homeless individuals with disabilities, and homeless & low-income families with children. They also offer emergency shelter for homeless families with children.

### *Bethel Towers* ●

324 N MLK Jr. Blvd, 850-224-2486, <http://www.betheltally.org/>

M-F 8 AM to 5 PM, Closed Sat & Sun

Independent living facility for low-income seniors 62+. Criminal background check and proof of income required to apply.

### *Housing Choice Voucher Program (HCV/PBV Section 8)* ●

2940 Grady Rd, 850-385-6126, 850-210-1486 (waitlist), <https://www.tallha.org/>

M-F 8 AM to 5 PM, Closed Sat & Sun

Program administered by the Tallahassee Housing Authority to provide rental assistance for low-income households. Accepts Veterans' Affairs Supportive Housing vouchers. If there is are too many applicants, you may be placed on a waitlist until a spot opens up.

### *Catholic Charities* ●

1380 Blountstown Hwy, 850-222-2180, <https://ccnwfl.org/>

Offers assistance with housing in emergencies. You must provide IDs for all adults in the household, birth certificates for all children in the household, proof of emergency/hardship, social security cards for all members of the household, verification of all household income, and receipts of any payments and expenses made in the last thirty days.

### *Boys Town*

3555 Commonwealth Blvd, 850-575-6422, <https://www.boystown.org/locations/north-florida/Pages/default.aspx>

M-F 8 AM to 5 PM, Closed Sat & Sun

Offers long-term residential care for children 10-18 who are wards of the state, as well as foster home care for children 0-18 in need of more attention and services than traditional foster care.

### *Ability 1<sup>st</sup> A Place Called Home* ●

1823 Buford Ct, 850-575-9621, <https://www.ability1st.info/programs/a-place-called-home>

The "A Place Called Home" program provides permanent supportive housing placement for chronically homeless disabled individuals and families with a disabled parent.

*The Kearney Center*

2650 Municipal Way, 850-792-9000, <http://kearneycenter.org/services/>

Offers temporary shelter with laundry, showers, storage, and an on-site medical clinic. Individuals must be 18+, able to physically take care of themselves, and cannot be a register sex offender.

*Capital City Youth Services Homeless Drop-in Center*

654 Dunn St, 850-294-6044, 850-274-8689, <http://www.ccys.org/programs-at-a-glance/going-places-street-outreach/>

M-F 12 PM to 7 PM, Sat 12 PM to 5 PM, Closed Sun

Offers temporary shelter to homeless, runaway, or otherwise at-risk youth 11-21.

*Good Samaritan Inn for Men* ●

2810 Sharer Rd Suite 30, 850-297-1118, <http://www.gsncares.org/inn-for-men/>

M-Sat 10 AM to 6 PM, Closed Sun

Transitional housing program for men that includes work therapy, community service, and life skills training. To apply, you must agree to be drug/alcohol tested at any time, attend their religious services and programs, and refrain from sexual activity, drugs, and profanity.

*ECHO Housing Assistance Program* ●

1707 S Gadsden St, 850-224-ECHO or 850-224-3246, <https://echotlh.org/>

M-Th 9 AM to 11:30 AM and 1 PM to 4 PM, F 9 AM to 12 PM, Closed Sat & Sun

Program to identify affordable housing options for low-income individuals.

*Care-Tallahassee* ●

1224 Eppes Dr, 850-320-0281, <http://www.care-tallahassee.org/>

M-F 8 AM to 5 PM, Closed Sat & Sun

Offers transitional housing for male sex offenders returning from prison, as well as homeless men if space is available. Must agree to Biblical studies and community rules.

*Refuge House*

1517 S Adams St, 850-681-2111, <https://refugehouse.com/>

Open 24/7

Offers emergency and transitional housing to victims of domestic violence, sexual assault, and sex trafficking.

*Veterans' Village* ●

1280 Kissimmee St, 850-575-3140, <http://voaflorida.org/tallahassee/>

9 AM to 5 PM

Provides transitional housing to homeless veterans. To qualify, you must have had at least one day of active duty.

*City Walk Urban Mission Men's Home* ●

1105 N Monroe St, 850-528-3909, <http://www.citywalkthrift.com/Mens-Home>

M-Sat 10 AM to 6 PM, Closed Sun

Offers transitional housing for men returning from prison.



## **Mental Health Services**

This section includes programs and organizations that provide mental health and substance abuse services. This section does not include hotlines/crisis lines. These can be found in the Crisis/Emergency Services section.

### *Tallahassee Vet Center* ●

2002 Old St. Augustine Rd Building A/100, 850-942-8810, [https://www.va.gov/find-locations/facility/vc\\_0325V](https://www.va.gov/find-locations/facility/vc_0325V)

M-F 8 AM to 4:30 PM, Closed Sat & Sun

Offers counseling and substance abuse assessments for veterans and their families.

### *Apalachee Center*

2634 Capital Circle NE, 850-523-3333, <https://apalacheecenter.org/>

M-F 8 AM to 5 PM, Closed Sat & Sun

Provides both inpatient and outpatient mental health care.

### *TownsendARC*

2724-8 Capital Circle NE, 850-656-5112, <http://www.townsendarc.com/>

Addiction recovery center that offers counseling for substance abuse including individual therapy, relapse prevention, and interventions. Also offers mental health counseling.

### *DISC Village*

536 Appleyard Dr, 850-575-4025, <http://discvillage.com/>

M-F 8 AM to 5 PM, Closed Sat & Sun

Offers assistance with substance abuse and/or mental health issues.

### *Tallahassee Counseling Center*

2888-4 Mahan Dr, 850-385-9046, <http://www.tallahasseecounselingcenter.com/>

Offers a variety of mental health services for children and adults, including couples therapy, family therapy, and help with divorce adjustment.

### *FSU Psychology Clinic Rebuilding After Trauma*

1107 W Call St, 850-644-3006, <https://psy.fsu.edu/>

Weekly support group for victims of sexual assault. Must be 18+, but do not need to be a student or employee of FSU.

### *Alcoholics Anonymous Intergroup 5* ●

Various locations, 850-224-1818, <http://www.intergroup5.org/>

Hotline Open 24/7

Tallahassee chapter of Alcoholics Anonymous. Meeting times and locations vary and can be found on the website.

### *Anchor Recovery Foundation* ●

327 Office Plaza Dr Suite 114, 850-694-6311, <https://squareup.com/store/anchor-recovery-foundation-inc>

M-F 9 AM to 5 PM, Closed Sat & Sun

Offers substance abuse recovery counseling, support groups, and relapse prevention programs.

*Avalon Treatment Center*

1363 E Lafayette St Suite C, 850-727-8728, <http://joanna-johnson-njrs.squarespace.com/>  
Offers anger management classes, domestic violence intervention, and substance abuse treatment.

*Capital Regional Behavioral Health*

2626 Capital Medical Blvd, 850-325-5750, <http://www.capitalregionalmedicalcenter.com/>  
Offers both inpatient and outpatient mental health services to adults, including group & individual therapy, pet therapy, and ECT.

*Catholic Charities* ●

1380 Blountstown Hwy, 850-222-2180 x1075, <https://ccnwfl.org/>  
M-Th 8:30 AM to 4 PM by appointment only, Closed Sat & Sun  
Provides mental health assessments for adults and children, as well as counseling for parents, pregnant women, and victims of sexual assault.

*Florida Therapy Services, Inc.*

1713 Mahan Dr, 850-681-6001, <https://flatherapy.com/>  
M-F 8 AM to 5 PM, Closed Sat & Sun  
Offers mental health evaluations, parent counseling, and individual counseling for both children and adults.

*FSU University Counseling Center (UCC)*

942 Learning Way, 850-644-TALK or 850-644-8255, <https://counseling.fsu.edu/>  
M-F 8 AM to 4 PM, Closed Sat & Sun  
Offers individual & group counseling, couples therapy, and substance abuse evaluations to FSU students.

*Transgender Tallahassee* ●

2415 N Monroe St Suite 2064, 850-222-1128, <https://transgendertallahassee.eintro.us/>  
Support group for transgender individuals.

*FSU Center for Couple & Family Therapy*

540 W Jefferson St, 850-644-1588, <https://humansciences.fsu.edu/ccft/>  
M-Th 9 AM to 8 PM, Closed F-Sun  
The College of Human Sciences offers counseling for individuals, families, and couples. The first appointment is \$35 and following appointments are on a sliding scale.

*Tallahassee Memorial Behavioral Health Center*

1616 Physicians Dr, 850-431-5105, <https://www.tmh.org/services/mental-health-substance-abuse>  
M-F 7:30 AM to 5 PM, Closed Sat & Sun  
Offers inpatient and outpatient mental health and substance abuse services.

*Dr. Ellen Shapiro* ●

1003 N Adams St, 850-222-0003, <https://www.drellenshapiro.com>  
Licensed psychologist who specializes in sex therapy as well as issues related to sexual orientation or gender identity. Also performs hormone replacement therapy evaluations.

*Family Resources, Inc.* ●

1684 Metropolitan Cir, 850-567-1102, <https://www.famresources.com/>

Offers counseling services to children 10+ and adults, including individual therapy, anger management therapy, and LGBTQ+ issues.

*FSU Psychology Clinic*

1107 W Call St, 850-644-3006,

<https://psy.fsu.edu/php/about/communityservice/psychologyclinic/psychologyclinic.php>

M-Th 8 AM to 8 PM, F 8 AM to 4 PM, Closed Sat & Sun

The Department of Psychology's clinic offers mental health assessments and treatments to adults and children.

*Sergeant Ernest I. "Boots" Thomas VA Clinic* ●

2181 E Orange Ave, 850-878-0191, <https://www.northflorida.va.gov/locations/tallahassee.asp>

M-W & F 7:30 AM to 4:30 PM, Th 7:30 AM to 5 PM, Sat 8 AM to 10 AM, Closed Sun

Offers psychiatric services for veterans.

### **Women's Services**

This section contains organizations and programs related to women's issues such as pregnancy, support groups, and women's health care. Some of these services are exclusive to those assigned female at birth (such as pregnancy tests & obstetrics), but many are inclusive to those who identify as a woman regardless of biological sex.

#### *DOH Maternal/Infant Services*

1515 Old Bainbridge Rd, 850-404-6403, <http://leon.floridahealth.gov/>

M-F 8 AM to 5 PM, Closed Sat & Sun

Pregnancy testing, birth control, and infant immunizations at the DOH's Roberts and Stevens Medical Center.

#### *Chelsea House* ●

850-297-1113, <https://www.gsncares.org/chelsea-house/>

Residential program run by the Good Samaritan Network for single women.

#### *Brehon House*

1315 Linda Ann Dr, 850-656-7110, <http://www.brehonfamilyservices.org/programs/brehon-house/>

M-F 9 AM to 5 PM, Closed Sat & Sun

Provides housing and support for homeless, pregnant women. Women are allowed to bring children 0-3 to live with them. Must agree to house rules and cannot have a criminal background.

#### *Making Miracles Group Home* ●

850-727-3304, <https://www.makingmiraclesgrouphome.org/>

Transitional group home for homeless, pregnant women and teens.

#### *The Oasis Center for Women and Girls*

317 E Call St, 850-222-2747, <https://theoasiscenter.net/>

Offers a variety of services for women and girls, including women's counseling, single mom support groups, and programs aimed at encouraging women and girls to be leader and bring about social change.

#### *Pace Center for Girls*

311 E Jennings St #4427, 850-241-0241, <https://www.pacecenter.org/locations/leon>

Center for women and girls that offers counseling, career preparation, tailored education plans, and volunteer opportunities.

#### *Jasmine Women's Center*

1983 Centre Pointe Blvd Suite 104, 850-210-0433, <http://www.jasminewomenscenter.com/>

M-F 9 AM to 4:30 PM, Closed Sat & Sun

Women's healthcare clinic. Services include obstetrics, gynecological screenings and surgeries, menopause management, and adolescent care. Also offers birth control.

#### *Nature's Coast Women's Care*

2473 Care Dr Suite 102, 850-270-4619, <https://www.naturecoastfm.com/>

M-F 8 AM to 5 PM, Closed Sat & Sun

Women's healthcare clinic. Offers pregnancy testing, birth control, gynecological services, and prenatal care.

*North Florida Women's Care*

1401 Centerville Rd Suite 202 (Main Office), 110 NE Fifth St in Carrabelle (Weems East Clinic), 850-877-7241, 855-466-3592 (toll-free), <http://www.nflwc.com>

M-Th 8 AM to 5 PM, F 8 AM to 2 PM, Closed Sat & Sun

Women's clinics in Tallahassee and Carrabelle. Services include STD testing, pregnancy testing, ultrasounds, gynecological evaluations & treatments, sterilization, birth control, infertility, and obstetrics.

*WIC Farmers' Market Nutrition Program (FMNP)*

1-800-877-8339, <https://www.fns.usda.gov/fmnp/wic-farmers-market-nutrition-program>

Program to assist women, infants, and children (WIC) by providing coupons for food from farmers, farmers' markets, and roadside stands.

*Planned Parenthood* ●

2618 W Tennessee St, 850-574-7455, <https://www.plannedparenthood.org>

M & Th 10 AM to 6 PM, Tu 10 AM to 4 PM, W 11 AM to 7 PM, F 8 AM to 3 PM, Closed Sat & Sun

Offers abortion services, birth control & emergency contraception, STD testing, LGBTQ+ services, pregnancy testing & services, and other health care services. Accepts walk-ins or appointments, and does not require you to have insurance.

*North Florida Women's Services*

2412 W Plaza Dr, 850-877-3183, <https://aboutabortion.org/>

M-Th 8:30 AM to 5 PM, F 8:30 AM to 4 PM, Select Sundays, Closed Sat

Offers pregnancy testing and both surgical & medical abortions. Abortion services are only by appointment.

*Catholic Charities* ●

1380 Blountstown Hwy, 850-222-2180 x1075, <https://ccnwfl.org/>

M-Th 8:30 AM to 4 PM by appointment only, Closed Sat & Sun

Provides counseling for pregnant women and victims of sexual assault.

*FSU Health and Wellness Center Women's Clinic*

960 Learning Way, 850-644-6230, <https://uhs.fsu.edu/>

M-F 8 AM to 4 PM, Closed Sat & Sun

Women's clinic at the Wellness Center that provides gynecological exams, pregnancy testing, STD testing, and emergency contraceptive prescriptions.

### **Miscellaneous Resources/Links**

This section contains miscellaneous resources and links, such as where to apply for a driver's license or where international students can find applicable forms.

#### *Driver's Licenses*

<https://www.flhsmv.gov/driver-licenses-id-cards/what-to-bring/>

This link provides information on how to get a driver's license for both citizens and immigrants.

#### *F-1, J-1, and Departmental Forms*

<https://cge.fsu.edu/forms>

Link to forms for international students.

#### *Star Metro*

<https://www.talgov.com/gis/findmybus/index.html>

Link to information about Tallahassee's public bus system, Star Metro.

#### *FSU Bus Services*

<https://transportation.fsu.edu/bus>

Information about the Seminole Express and the Nite Nole.

#### *TalGov*

<https://www.talgov.com/Main/Home.aspx>

Link to Tallahassee's main governmental website where you can find information about utilities, public safety, and neighborhood services.

#### *Sexual Assault Awareness*

<https://counseling.fsu.edu/students/resources/sexual-assault-awareness>

Information about what to do if you've been sexually assaulted, statistics on sexual assault, and how to help someone if you witness harassment or assault.

#### *Faculty & Staff Emergency Guide*

[https://dos.fsu.edu/sites/g/files/upcbnu1476/files/documents/DOS-Emergency-Folder\\_2019\\_web.pdf](https://dos.fsu.edu/sites/g/files/upcbnu1476/files/documents/DOS-Emergency-Folder_2019_web.pdf)

Link to FSU's Faculty and Staff Emergency Guide, which provides information about how to handle a distressed student and how to report concerning behavior.

#### *Scholarships for People with Disabilities* ●

<https://dos.fsu.edu/sdrc/services/other/scholarships>

Info about three scholarships for students with disabilities.

#### *Student Complaint Chart*

<https://dos.fsu.edu/sites/g/files/upcbnu1476/files/documents/Student%20Complaint%20Routes.pdf>

Flowchart for students who wish to lodge a complaint, whether it be related to academics, discrimination, or other issues.

#### *Financial Aid*

<https://studentbusiness.fsu.edu/how-pay/financial-aid>

Information about FSU financial aid for both undergraduate and graduate students.

*FSUCard*

<https://fsucard.fsu.edu/>

Information about how to get an FSUCard and how to load cash on it.

*Transportation Services* ●

<https://transportation.fsu.edu/>

FSU Transportation Services. You can apply for a parking permit here and pay for parking tickets. You can also apply for access to disabled parking spaces.

*Nole Central*

<https://nolecentral.dsa.fsu.edu/organizations>

Nole Central gives you information about all recognized student organizations at FSU.